

Activities in the Healthy Children project autumn 2012



Time	Activity	Target group	Place	Contact person
First Sunday in the month, after noon	Family dinners once a month, where children and grown ups make the dinner together. Often international cuisine.. Maybe we could initiate a cook book with recipes form different countries?	The whole family, all age groups. Joint activities across generations 😊	Sagene Frivilligsentral Sandakerveien 61	Signe-Lisa Fevang sagene@nlm.no Tlf.: 45 63 79 84 www.sagene.frivilligsentral.no
Wednesdays at 17.00	After dinner other activities for children were organized Childrens choir and sports including making of food		Metodist church at Bjølsen	Kari Hay bjolsen@metodistkirken.no
One day a week for two hours	Childrens club for the youngest with a focus on physical activity, art experiences and the learning of respect for nature	Children 5-9 years	SAIFF	Cathrine Skårn cathrineskaarn@gmail.com